



*Inspiration  
Place*

WELLNESS CENTRE

*Where science meets soul.  
from skin to within.*

# What is Inspiration Place & how can we transform you?

Inspiration Place is here to reveal & guide you to the best version of yourself, from skin to within & back again. We are a multidimensional wellness centre and connection point that will inspire and move you to awaken your skin, body, mind, spirit and soul!

The Inspiration Team are Holistic Skin Practitioners, Corneotherapists, Wellness Coaches, Educators, and Spiritual Mentors, Light Workers, ambassadors of self-love, self-connection and self-mastery. We serve people in transforming both their inner and outer lives.

Individually we have many years of experience, knowledge, certification between us - but it is collectively that we are able to most powerfully serve our tribe, and you.

We provide potent, incredibly unique and life changing soul-based skin treatment methods, quantum & health coaching, education, and energy therapies. This unparalleled combination of science and spirituality therapies takes you from just superficially surviving” to the deep, long term thriving you have been craving.

You have found the place to guide you on this journey to liberate yourself from a three dimensional paradigm, a “survival of the fittest” mentality. Reconnect with your soul, your heart, your inner wisdom, magnify love & unity and amplify the experience of your life.

We are here to support you, empower you and love you, holding a mirror up to you to show you your brilliance, your reflective light, and what is possible - the full emergence of your soul essence, you as an authentic human BEing, rather than a human DOing!

## Inspiration Place has been created to:

- Help you to look and feel incredible - glowing, radiant, healthy
- Transform the way you feel about yourself in the world
- Educate on how to be the best version of yourself
- Show you a new empowered way to live
- Nurture & support your journey
- Facilitate & encourage growth
- Reawaken your connection to the universe
- Guide you to awaken, remember, restore, and embody your higher self

# What we stand for

- ★ beautiful radiance, from skin to within, and share wisdoms from all realms and dimensions to enable you to connect with, and embrace what is innately and sovereignly yours - total health and energy freedom.
- ★ divine connection, that every experience holds meaning, and that there is more to life than what meets the eye - we believe in the synchronicity, abundance and magic of the Universe, as well as heart consciousness.
- ★ love and courage in the journey - for finding your authentic self, your inner voice, and your love and appreciation of self, skin, mind and spirit.
- ★ emotional and spiritual empowerment, for expressing your soul truth, and for the joy that bubbles freely from you as you discover your divine and ever-unfolding path of greatest ease, flow and happiness
- ★ beautiful, powerful and humble self acceptance, compassionate self-accountability, shared vulnerability, remarkable personal growth, playful curiosity, universal compassion, divine purpose, deep and soulful connection and passionate enthusiasm.
- ★ positive ripple effects, and know that our intention, energy, words and actions can make great change, one amazing individual at a time!
- ★ Shift from high alert hyper-responsiveness and hyper-vigilance to high intelligence, higher self deep connectivity and peace.

# Our Product Offerings

We offer so many amazing products, equipment and tools that align with and complement our mission to aid you in your journey to the best version of yourself, skin to within. These include:

- Corneotherapeutic skin care
- Qi Beauty homecare
- Gua-Sha Rose Quartz
- Skin:Food Recipe Books
- Angel and Intuitive card decks
- Handcrafted Herbal Teas
- Handcrafted Flower Essence Therapy
- Natural deodorant
- Protein Powder
- Supplements
- Crystals
- Chakra Candles
- Chakra Perfume Oils
- Chakra Mists
- Organic Tan
- Organic SPF
- Incense
- Sage Sticks
- Palo Santo
- Inspiration Journals

# *Your skin to within journey with us*

Inspiration place a multi-sensorial experience, a new world, a safe haven, a place for grounding, a sacred healing centre, a place of belonging and visibility, a place to build long lasting and meaningful connections, a place of diversity and inclusion, a spiritual realm, a new dimension, an alternate reality.

How might we guide you on this journey?

- ★ Educate you on skin biology so that you can make informed decisions on how best to treat your skin at home, in clinic and for the rest of your life
- ★ Present information on internal systems and processes that may be contributing to your current health status, or could effect it moving forward
- ★ Activate inner freedom and health sovereignty so you can live being your most confident, authentically expressed, empowered and beautiful self ever.
- ★ Amplifying your powers of manifestation through living life at a higher frequency of love, peace, joy, gratitude and acceptance -- and inspire others to do the same.
- ★ Shift into the next layers of leadership as you deepen your understanding of self, and connect to your flow of innovation and creativity.
- ★ Rediscovering your excitement and love for learning and expanding, for nature, for a like-minded tribe, reigniting your most outrageous dreams & passions
- ★ You are encouraged and supported to talk about how you are really feeling, to find the courage to be seen, heard and felt, to be able to ask for what you need, to offer yourself compassion and acceptance for all you are, to own all of your stories, scars, bruises, and to be prepared to take risks.
- ★ Your dreams are held, nurtured, and we believe in you more than you believe in yourself and we let you borrow our belief whenever you need it.

# Our Experience Menu

- As we are all unique individuals your treatment will be just that, unique & individual to you. We will find out what your concerns & needs are on that day and design the skin, mind, body & soul treatment with those in mind.

## Begin your Journey

### Discovery Session

Whether in house or online we delve into where you are at with your skin and internal health and where you want to go. Your INSPIRATION THERAPIST will create a collaborative wellness map with you, one that makes sense, is effective, and suits you. We provide science backed & soul based solutions to treat you from skin to within.

70 MIN | \$149

### Discovery Session with Pia

Pia is a holistic skin practitioner with over 25 years experience, as well as being a Naturopath and trained in NLP, Yoga, Qi Gong, Mindfulness and Meditation and more. Pia's DiscoverySessions can provide transformational emotional and life coaching and support alongside the physiological changes that may be required. Your Wellness Map is personalised and unique depending upon your requirements.

90 MIN | \$199

## Our Facial Experiences

We offer three levels of "treatment":

### ★ Activate

1 hour treatment aimed at those wanting to maintain their current state but be exposed to the possibility of a new realm of being (\$205)

### ★ Align (Our signature treatment)

1.5 hours treatment aimed at those wanting to align with a new level of being & create results (\$270)

### ★ Ascend (Our most transformational treatment)

2 hours aimed at those looking to rise to their highest potential in the least amount of time. (\$370)

*Extra time can be added on to Ascend for an even deeper journey - 30 mins \$99*

NOTE - Before you begin a skin and wellness journey with us, please book your Discovery session (online or in-person) with one of our team members. This is a vital and unmissable key step required for your progression!

## Our Facial Experiences (continued)

We can use one or many of the expertise we offer

- Corneotherapeutic Facial treatments
- Omnilux LED Light Therapy
- Mesotherapy
- Radio Frequency Therapy
- Advanced treatment masks
- Naturopathic advice
- Skin care education
- Sound healing
- Breath Work
- Reiki
- Wellness coaching
- Quantum healing and activations
- Sacred Massage - Face and/or Body
- Hand crafted Flower essences
- Essential Oil Therapy
- Lymph drainage
- Meridian pressure point massage
- Guided Meditation
- Kinesiology
- Qi gong
- Yoga stretches

## Advanced Facial Experiences

### Collagen Induction Therapy (CIT) | \$444

Commonly referred to as skin needling or dermal needling, collagen induction therapy (CIT) can produce the most dramatic improvement in skin rejuvenation. This is our go to for all skin correcting! Highly effective in treating photo-aged conditions, wrinkles, elasticity, enlarged pores, pigmentation, scarring and overall anti-aging maintenance. We incorporate our LED Omnilux and epi-nouvelle mask for ultimate results and minimal "downtime". Our in clinic medical needling device utilised 9 super fine surgical stainless steel needles that oscillate at an incredibly high rotation in and out of the skin. These needles create channels into the epidermis and dermis to release growth factors and ensure the deposition of normal, healthy collagen. This is similar to how fraxel laser works - without all the negative side effects (such as loss of dermal papillae, potential destruction of melanocytes and production of abnormal collagen etc).

## Advanced Facial Experiences (continued)

### Omnilux LED Light Therapy Series (12 Treatments) or Single Session \$555 | \$111

Omnilux™ Light Emitting Diodes (LED's) are a natural, non-invasive and relaxing treatment that is suitable for the treatment of a wide range of dermatological conditions including photodamage, skin rejuvenation, wound healing, as well as depression, migraines and lots more. Omnilux™ will help reduce the appearance of the visible signs of skin ageing – minimise fine lines and wrinkles, boost collagen production and visibly improve your skin's appearance. During the single sessions you will experience a head/neck/shoulder/scalp massage with guided meditation & sound healing.

### NEW Qi Energising Facial | 75MINS | \$222

The application of 1000 or more 24ct gold magnets, with natural ionic gels, creams, serums and nutrients deliver a luxurious facial with lasting results. The Qi stimulation facial is perfect for anyone who wishes to age gracefully and for anyone wanting an improvement to the quality of their skin.

### Add Ons

Uplevel your treatment with any of the following:

IPL PHOTOREJUVENATION | \$55 - \$200

ELECTROLYSIS | \$30

DIATHERMY | \$69

### Energy Healing

#### Reiki Energy Healing Rebalance | 45min \$111

Reiki is a relaxing, nurturing energy healing treatment that works holistically; on the whole body, mind and spirit. Your practitioner connects to the quantum space - to the universal life force of natural healing energy vibrations - acting as a conduit to assist your body and energy fields. The purpose of a Reiki treatment is to allow & accelerate deep healing and subliminal energy flow, release emotional blockages, balance your emotional, mental, physical and spiritual bodies, relieve stress and pain, induce relaxation, and support other medical modalities including traditional therapies. Within your Reiki healing session we offer a wide range of complementing modalities such as breath work, meditation, sound healing, crystal healing, angel cards. Each healing session is tailored to you, intuitively guided. Integration with journaling, rest, water, nature and introspective time is recommended.

## Energy Healing (continued)

### Sound Healing Experience | 45min \$111

Sound healing is a practice that uses vibrations (vocal, drums, bells, gongs, Crystal Sound Bowl, Tibetan singing bowls, Rainsticks) in order to relax your mind & body and recalibrate your cellular and energetic frequency. Sound healing is hardly new- this type of therapy has been around since the beginning of recorded history. Specific music frequencies can be utilised to help mental disorders, enhance cognition and clarity, influence mood, reduce dis-ease and enhance energy expansion. Sound healing synchronises brain waves to achieve profound states of relaxation, spiritual connection and helping to restore the normal vibratory frequencies of all the cells in your body. We compliment your experience with essential oils, energy clearing breath work and meditation that is intuitively guided. for a full transportative experience.

### Sacred Healing Body Massage | 90 MIN \$270

This Sacred Experience begins with intention setting, energy clearing and then we flow into sound healing, essential oils, hot towel foot cleansing which expands into a full body oil massage where we switch between magical hand movements and sacred Gua Sha Rose Quartz. Of course we include a sensational scalp massage! Our unique Body Massage stimulates heart opening & spiritual connection, as well as activating blood & lymphatic flow through your whole body, the release of muscle tension and tightness. You will emerge feeling lighter, brighter, calmer, more connected and relaxed - physically, mentally & energetically.

## Lash & Brow Bar

### Relaxing Eyelash perm with tinting | 60min \$120

Eyelash perming is done with our carefully selected brand "Elleebana" - The leading eyelash perm in the industry. As with all our treatments, this is a very nurturing experience that includes a scalp massage, essential oils, sound healing and meditation. Your eyelash tint is a complimentary gift from us with your eyelash transformation.

### Eyebrow Wax Transformation | 15min \$35

A complete clean up and re-shape of the eyebrows. We only use the most gentle & skin friendly face wax available.

### The Eyebrow & Eyelash Transformation | 30min \$70

Eyebrow wax, Eyebrow Tint & Eyelash tint. The ultimate trio for a complete face change. Receive a full sensorial experience with scalp massage, essential oils and sound healing while your tint is working it's magic.

## Sunless Tanning

### Full Body Glow Up | 30min \$45 | \$65

Full body tan application with our one and only favourite "Three warriors" organic mousse tan. Come completely exfoliated and let us help you get the most perfect & even skin glow. With our \$65 option we send you home with your very own bottle of tan valued at \$49.95.

## Life Coaching

### Mentoring Session with Pia | 60min \$270

Pia will help you clarify your skin, health and wellness goals, identify the obstacles holding you back, and then come up with strategies and supportive resources for integrating all 4 Aspects of Self (physical, mental, emotional and spiritual). Create and enjoy a happier, more fulfilling life - you truly deserve it!

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WELLNESS CENTRE



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